



SESSION CHALLENGE AT MARISSA LINS PILATES

*“In 10 sessions you will feel a difference,
in 20 sessions you will see a difference,
and in 30 sessions you will have a whole new body!”*

—JOSEPH PILATES

WHAT

Two ways to participate:

COMPLETE 30 SESSIONS IN 45 DAYS!

Receive a Signature Private Lesson with Marissa,
Grip Socks and a MLP Water Bottle

COMPLETE 30 SESSIONS IN 60 DAYS!

Receive 1 Free Mat Class and 1 Free Yoga Class,
Grip Socks and a MLP Water Bottle

WHEN

March 1 – April 14 (45-Day Challenge)

March 1 – April 20 (60-Day Challenge)

WHERE

23400 Two Rivers Rd, Ste 50 and Ste 30

Marissa Lins Pilates (MLP)

Reformer/Tower/Chair Studio - Ste 50

Marissa Lins Pilates Xtended (MLPX)

Mat/Barre/Yoga Studio - Ste 30